



YOUR ADVENTURE

ONE&ONLY KÉA ISLAND
EXCEPTIONAL EXPERIENCES



EXPLORE

Delve deeply and respectfully into the natural ecosystem that surrounds One&Only Kéa Island as you explore the secrets of the Aegean Sea and the awe-inspiring beauty of Kéa's dramatic landscapes.

Soar above the Cyclades or walk along ancient hiking trails. Dive through iconic underwater shipwrecks and biodiverse waters. And discover the untold cultural, culinary and historic wonders of this untapped island, right on Athens' doorstep.

One&Only

KÉA ISLAND, GREECE

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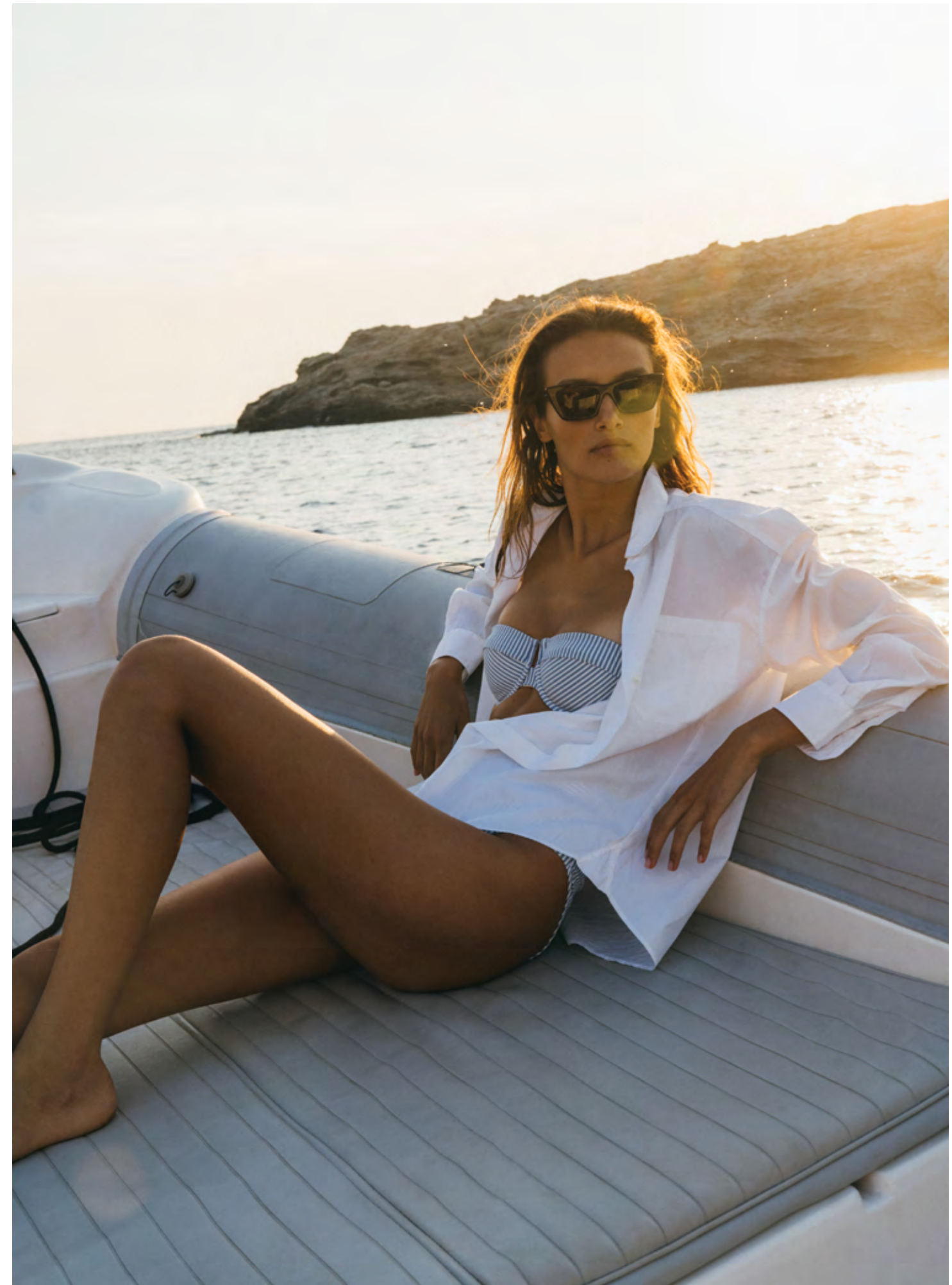
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ADVENTURES AT SEA



WONDERS OF THE DEEP

Explore the untapped wonders of the Aegean Sea with curated diving experiences at One&Only Kéa Island. Discover the magic of scuba diving with a customised PADI programme at the Dive Centre, or venture to some of the Mediterranean's top marine parks and legendary shipwrecks on a guided technical dive.

PATRIS SHIPWRECK // MAVRABELI BEACH // CAVO PUNDA // XYLA BEACH // For certified divers
€450 per person (€150 per dive + €300 speedboat transfer)

KASTRIANI // MARADES BEACH // SPANOPOULA ROCKY ISLAND // For certified divers
€450 per person (150 per dive + 300 speedboat transfer)

PADI DISCOVER SCUBA DIVING Private course
€180 per person

PADI BUBBLEMAKER COURSE Children aged 8 to 10
€160 per person

PADI SCUBA DIVER COURSE
€1,100 per person (including transfers; requires 6-night stay)

PADI OPEN WATER COURSE
€1,750 per person (including transfers; requires 7-night stay)

ADVANCED LEVEL: PADI SCUBA REVIEW
Private refresh course
€180 per person

CRUISING THE AEGEAN

Charter a yacht for a day spent exploring the idyllic seas and secluded bays surrounding Kéa. Put down anchor at one of the island's 56 beaches, including 14 that are accessible only by boat. Channel the glamour of the high seas onboard a luxurious Aquazoe yacht, comfortably accommodating up to 12 guests. Combining elegance and performance, our Rock Marine 30 and 36 speedboats can each host five to eight guests.

AQUAZOE YACHT HALF-DAY CRUISE

€3,700 Ancient Karthea

- Morning: 10:30am–2:30pm
- Afternoon: 3:30pm–7:30pm

AQUAZOE YACHT FULL-DAY CRUISE

11:00am–7:00pm

€5,100 Ancient Karthea

€5,500 Kéa Round-trip

€5,700 Kythnos Island – Kolona & Agia Irini

ROCK 30 SPEEDBOAT FULL-DAY CRUISE

€1,590 Kéa Island

€1,650 Kythnos

€1,850 Serifos

ROCK 36 SPEEDBOAT FULL-DAY CRUISE

€2,000 Kéa Island

€2,300 Kythnos

€2,100 Serifos

SAXDOR 320 GTC FULL-DAY CRUISE

€ 3,360 Kéa Island

€3,710 Kythnos

€4,280 Serifos

LUCKY GEM

€1,340 3-hour Trip - Kéa tour

€1,970 4-hour Trip - Spathi Beach and Beaches South to Koundouros

€2,570 8-hour Trip - Island Tour including Kolona Beach, Kythnos, and Sounio

EXPLORING VROSKOPOS BAY

Enjoy an array of non-motorised watersports at the resort, as you explore tranquil Vroskopos Bay and the sapphire sea beyond. Take a guided kayaking tour to discover Kéa's dramatic coastline and hidden beaches, or try stand-up paddle boarding, sea scooters and snorkelling with tailored experiences.

KAYAK GUIDED TOUR

€200 up to 2 people (4 hours)

Any additional person €50

SEA SCOOTER RENTAL

€60 per person (30 MIN)

SEA SCOOTER SNORKELLING

€80 per person (30 MIN)

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ADVENTURES ON LAND



KÉA'S ANCIENT TREASURES

Discover the historical treasures of Kéa with our resident archaeologist. Hike to the ancient city of Karthea to visit the temples of Athena and Apollo, and the captivating amphitheatre. Cool off with a swim in the sea before taking a private boat ride back*.

€480 up to 2 people, including return transfers with Land Rover Defender (4 HOURS)

*An additional fee of €480 is required for the way back transfer by sea, via private speedboat. A short swim is required to reach and board on the speedboat, so a swim suit is mandatory.

E-BIKING TO AGIOS NIKOLAOS LIGHTHOUSE

Enjoy a scenic e-bike ride to one of Kéa's iconic landmarks, the historic Agios Nikolaos lighthouse at the entrance to Korissia port. Let our guide lead you on a 30-kilometre journey to the lighthouse and back, passing through the charming towns of Ioulida and Vourkari along the way.

€50 per person (60 MIN)
€120 per person (HALF DAY)
€200 per person (FULL DAY)
Guided tour, additional €100

SUNSET AT THE LIGHTHOUSE AND VOURKARI

For an unforgettable sunset experience, walk to Agios Nikolaos lighthouse to watch the sun dip below the Aegean, and wander back through the vibrant fishing village of Vourkari for dinner at a family-run taverna, for an additional fee.

€360 including transfers, for up to 4 people (2 HOURS)

ART, CULTURE & CUISINE OF IOULIDA

Let us guide you through the enchanting hilltop town of Ioulida. Explore archaeological wonders including the legendary Lion of Kéa and the Archaeological Museum, and take an insider's tour of the home and studio of the renowned artist Alekos Fassianos. Afterwards, enjoy a bite to eat at a local taverna or ice cream store, for an additional fee.

€430 including transfers, for up to 2 people (3 HOURS)
€100 for each addition adult
€50 for each additional child

VISIT KASTRIANI MONASTERY

Immerse yourself in the fascinating culture, history and mythology of Kéa with a visit to Kastriani Monastery. A trusted local will lead you through the cliff-top monastery, revealing the time-honoured secrets that are etched in its stones.

€320 including transfers, for up to 4 people (2 HOURS)

HIKING TRAILS

Discover a hiker's paradise with 81 kilometres of hiking trails criss-crossing the island. Once an ancient road network connecting the original cities of Kéa, the paths weave their way past terraced farmlands, historic monuments, hidden springs and stunning stretches of coastline.

Poisses (Easy)
Complimentary (60 MIN)
Starting point: resort

Additional hikes are available. Please contact your host or find more information at Club One.

Guided hike: €200 up to 2 people, and €50 for each additional person, excluding car transfers to the starting point (if required).

ISLAND WELLNESS



Spanning three storeys and boasting serene views over the Aegean Sea, One&Only Spa is an unrivalled wellness destination in the Cyclades. This haven of holistic wellbeing is inspired by the Greek concept of sophrosyne, offering exclusive wellness rituals that utilise Kea's elements and natural ingredients to rejuvenate and rebalance mind and body.

APHRODITE'S ROSE

Inspired by the ancient Greek goddess of love and beauty, this indulgent wellness ritual is designed specifically for women. Aphrodite's Rose combines the decadence of a 24K Gold Age-Defying Facial with a Blissful Marma Massage using fragrant rose oil. Regarded as the 'Queen of Oils', it connects with Aphrodite's favourite flower, named after her son Eros.

€490 (150 MIN), €560 (180 MIN)

REBIRTH OF ADONIS

Rooted in the myths and legends of Adonis, who was considered the epitome of male beauty, this full-body ritual combines an Age Defying Facial with the Blissful Marma Massage. This deeply relaxing and rejuvenating treatment increases vitality, releases tension, promotes energy, and purifies the body.

€450 (150 MIN)

RE-ENERGISE WELLNESS PROGRAMME

Embark on a transformative journey at One&Only Spa with Subtle Energies' Re-energise Wellness Programme. This comprehensive three- to five-day programme focuses on detoxification, strength and fitness to reduce fatigue and support a healthier immune response.

€2,240 (3 days), €3650 (5 days)

RESET WELLNESS PROGRAMME

Reset your mind, body and emotions with an immersive three- or five-day wellness programme at One&Only Spa. Designed by Subtle Energies, this targeted journey brings you out of a state of tension and into a place of rest, relaxation and repair.

€2,150 (3 days), €3690 (5 days)

THE FLAVOURS OF KÉA



SHOP, COOK & EAT

Immerse yourself in the vibrant flavours of Kéa with a culinary adventure, led by our experts. Visit local producers to shop for produce, then return to the resort for a hands-on cooking class using your ingredients, followed by a shared feast at Atria.

€550 per person, including car transfers (HALF DAY)

COOKING CLASSES

Learn more about the local ingredients of Kéa island and the culinary heritage of Greece with a bespoke cooking class in our Pastry Pods. From vibrant salads to authentic baked goods, each hands-on cooking class or pastry masterclass is tailored to your wishes for a personalised insight into Greek cuisine.

€90 per person (60 MIN)

INCOGNITO COCKTAIL CLASS

Master the art of mixed drinks with our Head Mixologist during a hands-on cocktail class at Incognito. Step behind the bar to make three signature cocktails, infused with local ingredients such as lavender and wild rosemary. Learn about the history of bars and the inspiration behind our speakeasy during this insightful session.

€120 per person (90 MIN)

Daily between 6pm and 10pm upon request

Cancellation Policy for Shop, Cook & Eat and Cooking Class experiences:

- From 12 to 2 hours prior to starting time, will incur a fee of 50% of the total charge for the experience
- 2 hours or less prior to starting time, will incur a fee of 100% of the total cost for the experience

WINE TASTING EXPERIENCE

Embark on a wine tour of Greece as our sommelier showcases an array of grapes, regions and wine styles via guided tastings at Épicora Wine Bar, from the island of Crete to indigenous varieties dating back to 2,500 BC.

€90-€120 per person (60 MIN)

5:00pm-6:00pm & 6:00pm-7:00pm

PRIVATE DINING

For milestone moments and intimate celebrations, let our culinary team craft an unforgettable private dining experience in a setting of your choice. Enjoy a welcome drink and curated menu from our restaurants, from the chic sophistication of Épicora to toes-in-the-sand dining on the shores of Vroskopos Bay, or a starlit dinner on your private terrace.

FITNESS & FAMILY FUN



KIDSONLY ADVENTURES

Inspired by the fabled shipwrecks that line the Kéa coastline, the KidsOnly programme is designed for children aged 4 to 11, offering an engaging calendar of storytelling, art and adventures, from treasure hunts to eco-minded activities.

BECOME AN ARCHAEOLOGIST

Junior explorers can embark on a journey of discovery with our archaeology workshop, held daily at KidsOnly. After learning about the tools and techniques of excavation, they'll take part in their own dig of the ancient homestead within the resort.

FITNESS AT CLUB ONE

Embrace holistic fitness at Club One, our buzzing activities hub where you can workout in our state-of-the-art gym or train in the great outdoors. Enjoy a friendly match of tennis or padel, ride an e-bike, or practise your sun salutations in our sea-view yoga pavilion.

ONE-TO-ONE SESSIONS

PERSONAL TRAINING

€140 per person (60 MIN), €210 per person (90 MIN)

PILATES PROPS

€140 per person (60 MIN)

MOBILITY AND STRETCH

€80 per person (30 MIN)

CROSS TRAINING

€140 per person (60 MIN)

BOXING SESSION

€140 per person (60 MIN)

GROUP SESSIONS SPINNING

€80 per person (60 MIN)

PILATES PROPS

€80 per person (60 MIN)

ONE TRIBE

A dedicated space for teens, One Tribe offers an array of activities indoors and out, with a basketball court, table tennis, foosball and billiards, plus a PlayStation zone for gaming sessions.

CROSS TRAINING

€80 per person (60 MIN)

E-BIKING

E-bike rental €50 (1 Hour), €70 (4 hours),

€100 (over 4 hours / daily)

E-biking guided tour €200 per couple, any additional €50

TENNIS SESSION

€140 per person (60 MIN),

€210 per person (90 MIN)

PADEL SESSION

€140 per person (60 MIN),

€210 per person (90 MIN)

BASKETBALL TRAINING

€140 per person (60 MIN)

HIKING

€200 up to 2 people (120 MIN),



YOGA BY THE SEA

Perfect your sun salutations with a yoga lesson in our open-air pavilion overlooking the sea. Reconnect body, breath and movement with a choice of signature sunset classes, rejuvenating Vinyasa flow, and private one-on-one sessions.

ONE-TO-ONE, VINYASA OR HATHA YOGA
€140 per person (60 MIN)

TWO AND MORE, VINYASA OR HATHA YOGA
€80 per person (60 MIN)

TWO AND MORE MEDITATION & BREATHWORK
€80 per person (30 MIN)





EVERYTHING YOU NEED TO KNOW TERMS & CONDITIONS

WEATHER IN GREECE

Greece has a typical Mediterranean climate, with dry summers and mild springs and autumns. Thanks to warm temperatures, you can still swim in the sea in early-mid October.

ATTIRE GUIDE

For outdoor activities we recommend suitable attire, appropriate to the season and weather, such as comfortable clothes and closed shoes for hikes, sunglasses, sun protection and a hat for sunny weather, and a swimsuit if you plan to have a swim during the activity.

HOW TO BOOK

Pre-booking for all experiences is highly recommended. Experiences can be arranged directly with your host. With their unmatched knowledge of the resort and the island, our team can create a personalised itinerary of activities suited to your preference and interests.

All activities are subjected to availability at the time of the request. The meeting point for each activity will be advised at the time of booking. All booked tours will commence promptly at the agreed start time.

CANCELLATION POLICY

Cancellation policies may apply for certain experiences. A 100% cancellation fee will be incurred for any activity not cancelled at least 48 hours prior to its commencement, while for certain experiences, cancellation within 72 hours will incur a 100% charge.

In the event of a no-show, a fee of 100% per person, per experience will be incurred. Please check at time of booking. For complimentary activities, we kindly request you to give 24 hours' notice of any cancellation.

Please note, on some occasions, activities can be affected by inclement weather conditions. For any activities cancelled or postponed by One&Only Kéa Island management due to inclement weather, cancellation fees will not apply.

TIME ZONE

Greece is GMT/UTC + 2h

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KÉA ISLAND

Greece

1. RESORT ENTRANCE
2. PARKING
3. PIER
4. HELIPAD
5. THE LOBBY
ATRIA RESTAURANT
KOSMOS LOBBY BAR
INCOGNITO SPEAKEASY BAR
ÉPICORA WINE BAR
NEO BOUTIQUE
BIBLIOTECA
BOARDROOM
6. MAIN POOL & KIDS' POOL
KAIKI POOL BAR
7. BEACH
BOND BEACH CLUB
NEO BEACH BOUTIQUE
WATER SPORTS
8. ONE&ONLY SPA
BEAUTY SALON
9. DIVE CENTRE
10. FITNESS STUDIO
EVEXIA YOGA PAVILION
11. CLUB ONE
TENNIS COURT
PADEL COURT
12. KIDSONLY & ONE TRIBE
BASKETBALL COURT
13. NAOS

-  ONE&ONLY KÉA ISLAND RESORT
-  ONE&ONLY KÉA ISLAND PRIVATE HOMES







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